



COVID-19

Community Information

Access to accurate information on COVID-19 is important.

Memorial Health System has created this document as a resource for our community.

For questions, please call: **217-788-3000** or visit **[ChooseMemorial.org/COVID19](https://www.ChooseMemorial.org/COVID19)**

MHS encourages everyone to self-monitor, daily, for common COVID-19 symptoms.

DO YOU HAVE ANY OF THE FOLLOWING SYMPTOMS?



**Fever
at or above
100.0°F**



Sore throat



Cough



**Shortness
of breath**

If the answer was yes to any of these symptoms, we recommend you stay in your home until your symptoms subside or contact one of our Respiratory Screening Clinics.

RESPIRATORY SCREENING CLINICS

South Sixth Street ExpressCare, 2950 South Sixth Street, Springfield

Open daily from 8 a.m. to 8 p.m. Call the respiratory clinic hotline prior to going at **217-588-4019**.

DMH ExpressCare East, 4455 E. U.S 36, Decatur

Open daily from 8 a.m. to 6 p.m. Call the respiratory clinic hotline prior to going at **217-876-1200**.

FREE VIRTUAL VISITS

MemorialNow virtual care is free to all adults in central Illinois so people in need of treatment for minor illnesses and injuries can avoid a trip to the clinic and access quick, reliable care without leaving home. New users can download the free MemorialNow app from the Apple Store or Google Play Store or by visiting [MemorialNow.com](https://www.MemorialNow.com) and following instructions.

VIRTUAL ASSISTANT HELPS ASSESS RISK OF COVID-19

Memorial Health System now has an online digital assistant to assess individuals for COVID-19 risk based on criteria from the Centers for Disease Control and Prevention. The online digital assistant, "AnneSarah," will inform users about how to seek treatment if necessary.

DONATION DRIVE FOR MEDICAL SUPPLIES AND HOMEMADE MASKS

MHS, HSHS, Springfield Clinic and SIU Medicine are accepting donations of medical supplies.

Springfield: Hospital Sisters Mission Outreach is accepting donations of medical supplies from the community on Mondays, Wednesdays and Fridays from 1-4pm at 4930 LaVerna Road.

Lincoln: ALMH is accepting donations Monday through Friday from 7am-3:30pm at 200 Stahlhut Drive. No drop-off appointment is required; donors may simply ring the entryway bell and someone will meet them to accept the materials. For questions, contact Peggy Routson (Routson.Peggy@mhsil.com).

Decatur: DMH is accepting donations Monday through Friday from 8am-5pm. and weekends by appointment. No drop-off appointment is required on weekdays, so donors may simply stop by 2300 N. Edwards Street. For questions, contact Dave Samples (Samples.David@mhsil.com).

Passavant: PAH donations will be brought to 1600 West Walnut Street. As this is a secured site, donors will need to contact Pam Martin at martin.pam@mhsil.com coordinate the drop-off in advance.

Taylorville: Donations go to HSHS Medical Group Multispecialty Care at 1304 W. Burnett Drive Monday through Friday 8am-5pm. For questions, contact Melissa Thomas (Thomas.Melissa@mhsil.com).

For more information on this, or other donations including *commercially prepared meals, snacks or treats or non-alcoholic beverages* to support our healthcare professionals during this difficult time, please go online and submit information at ChooseMemorial.org/Covid19.

Keep Healthy. Stop the spread of germs.



Wash your hands
for 20 seconds



Cover your cough



Stay home
if you are sick

Coping in a Crisis.



Control
what you can



Keep perspective



Call the MHS Emotional
Support Hotline
217-588-5509